



Kirsty McAleer

When I attended no limits I came to the three-day program and the Thursday evening program. I like no limits because I have made lots of new friends; I have also built a great friendship with staff members. No limits has enhanced my personality, skills and confidence. I love going to No Limits as it helps me socialize with new people. I really enjoyed all aspects of the no limits program from art, drama to dancing and performing on stage.

